



INNER WHEEL DISTRICT 314

District Chairman's Newsletter

19th February, 2021

ARPAN

अर्पण ...The dedication

**District Chairman
AMALA MEHTA**

**IIW President
DR. BINA VYAS**

**Association President & N.R.
VASUDHAA CHANDRACHUD**

International Inner Wheel President

Message

My dear Change Maker Chairman Amala :

I am pleased to send you my message of best wishes for your District Newsletter to be released at your District Conference – ARPAN. Under your able leadership, your District is doing excellent work in spite of the pandemic.

I am impressed with the remarkable projects your Clubs are doing like Donating 7 hemodynamic machines to Tata Memorial Hospital ; Constructing 3 Smart OPDs for the safety of Doctors & Staff; Helping 3 villages & changing the lives of over 3000 families by providing roof rain water harvesting ; Cleaning & rejuvenating a large well benefitting 2000 villagers and many more.

Starting 3 New Gen Clubs in six months is fantastic. I hope all Clubs will now focus on achieving IIW President's Goals as Citations will be given to Clubs achieving at least 5 out of the 7 Goals. In keeping with the IIW Theme - LEAD THE CHANGE, you are transforming challenges into opportunities by reaching out your selfless services to all sections of the community, thereby demonstrating your compassion, courage & determination for all those who need us.

Keep up the wonderful work you are doing !!

Lots of love & Best Wishes

Dr. Bina Vyas

IIW President (2020-21)



Association President

Dear District Chairman Amala Mehta :

Hearty Congratulations to you and District Editor Lakshmi Singh for taking out this District Chairman's News Letter – ARPAN during your District Conference ARPAN ... the Dedication.

Amala, apart from your regular duties as District Chairman, you proved your mantle by motivating all Club Presidents of District 314 to do innovative and impactful projects in this year.

I am sure, this District Chairman's News Letter ARPAN will be the testimony of vast work District 314 has done under your leadership. Variety of reports and articles will highlight capability and talent of those who made it happen. You all are changing the lives of many seen and unseen individuals by your grass root level social activities. I really wish that more and more people recognize the value of our organization for our service to community. I feel you must forward soft copies of this issue to all your friends and relatives and give visibility to our organisation. Who knows, many women, getting impressed by reading this issue, may join Inner Wheel.

Let us rise to every situation and offer helping hand. Let us keep caring for people and environment around us.

LET US MAKE INNER WHEEL THE SYMBOL OF HOPE!

Vasudhaa Chandrachud

President/ National Representative 2020-21

Association of Inner Wheel Clubs in India



Rotary District Governor 3141

Dear Inner Wheel Chair Amala ji and all Inner Wheel Members of District 314 ImpACT, as the word implies is all about Important Actions. And what better way to epitomize the same by partnering together for community Impact. The Community

Needs us and in this point in time, where we have seen an unprecedented phase in our lives for the first time ever, it needs us, a little "that much more".

We decided to partner on two projects, "Annapoorna", a way to feed those who are hungry with a meal costing just Rs 15.00 and "Give to Gain" a drive to clean up the environment with collection of waste of all kinds. And the success of this partnership is written in the books of both our organisations.

I wish you the very best for the balance of the term and all future endeavours, to grow from strength to being powerful, and making your Important Actions last beyond horizons. Truly, a Vision beyond the Ordinary!

Wishing all of you at Inner Wheel all Success

Sunil Mehra

District Governor 3141 (2020-21)

Rotary District Governor 3142

Warm Greetings from Rotary International District 3142!

Inner Wheel District 314, has been doing extraordinarily good work in the region for over so many decades for betterment of communities facing challenges of health, education, economy etc.

Your international theme for the year 2020-21 i.e. "LEAD THE CHANGE" is perfectly in sync with our Rotary International theme for the year i.e. "ROTARY OPENS OPPORTUNITIES" especially looking at the challenges that can be foreseen in the current circumstances of COVID-19 pandemic.

I am sure that our 2 organizations can synergize together wherever possible in this specially challenging year, for serving humanity and sharing happiness around.

Once again wishing you all the success for a vibrant Inner Wheel District 314 under your charismatic leadership & looking forward to seeing an exciting year of friendship & cooperation between us.

Sincerely in Rotary service

Dr. Sandeep Kadam

District Governor, 3142 (2020-21)



District Chairman

Dear Friends :

The year 2020 will go down in the history of our planet as an unprecedented year. It was a year when we had to dig deep to find strength and courage to face the pandemic and to deal with the unpredictability it brought into our lives. The year taught us not to take the Universe for granted. It made us aware of a power greater than ourselves, that governs us.

Often, life brought us to our knees, and we learned the lesson of humility. We discovered a new gratitude towards the uncertainty of life. We realized that no matter how thoroughly one planned and prepared for the future, events unfolded at their own rhythm. Often, we had no control over our situation.

I discovered virtues of patience and perseverance.

I always knew that change is the only constant, but I also experienced that while change causes discomfort initially, it also has the potential of bringing new innovations.

IIW President Dr. Bina Vyas gave us an apt and fabulous theme! We truly lived up to the theme of the year, 'Lead the Change'.

Social distancing kept us apart, but technology brought us together and, in many ways, made us more compassionate.

It is to the Inner Wheel members' great credit that we had the ability to rise above and deal with the problems we faced. We did this through creativity, agility, and by making the optimum use of technology.

We kept Association President Vasudhaa Chadrachud's goals of 'HOPE' as our guiding force.

I am extremely happy to say we succeeded in adverse circumstances because we worked with HOPE and Commitment.

We also joined hands with other NGOs, especially for the implementation of our Rural projects.

It is said that in life it is not enough that we do our best. Sometimes, we must do what's required.

Doing something that is socially responsible takes great commitment, courage, and dedication and I am delighted that the Inner Wheel members have shown exactly these qualities in large measure.

My heartfelt gratitude to all my club Presidents for their Support and their faith in me. All the clubs have done amazing work to help the underprivileged and the needy strata of society. All the clubs have risen to the occasion.

My gratitude to all the Past District Chairmen for their guidance and motivation in these challenging times and to the Zonal and Project Coordinators for helping me all the way. I thank my District Executive committee colleagues for their support.

You will see in the pages of this Newsletter all the work accomplished in the first half of the year, despite the lockdown and the pandemic.

With Love and Gratitude. My dedication, "Arpan" to District 314.

Yours in Inner Wheel Service,

AMALA MEHTA

District Chairman (2020-2021)



District Editor

Dear Friends :

Congratulations on Conquering 2020!

It has been months of tribulations, the first of its kind in our lifetime, and we all stood tall and strong guided by the vision of our leaders. Our District chairman Amala Mehta, the epitome of grace, encouraging the Presidents and the Clubs to think beyond, embrace the situation and find different and unique ways to serve.

What a wonderful and apt theme, 'Lead the Change', has been given by our International President Dr. Bina Vyas as the World faces new challenges and Change being the only constant.

Our own Association President Vasudhaa Chandrachud stirred the fire of HOPE as she touched the whole gamut of areas of Service in her Goals for the Year.

It has been a challenging year, personally and professionally and as I collected and curated this collection of beautiful projects for the "Newsletter – Arpan, the dedication" it touched all the chords of service, friendship and fellowship done by our members and clubs ably lead by the Presidents of District 314 who are in the true sense, Angels of HOPE.

With gratitude for all the support from the District Chairman Amala Mehta, the District Executive Committee members and all the Club Presidents and Club Correspondents.

LAKSHMI V SINGH

District Editor (2020-21)



Aarambh The Beginning

Informal Presidents Meet

February 25, 2020 at Bombay Gymkhana



DC AMALA MEHTA



DISTRICT EXECUTIVE COMMITTEE 2020-21



DC AMALA MEHTA WITH ZONAL CO-ORDINATORS
Ishita B. Karodia, Himadri Lathia, Meena Kaku, Darshana Doshi,
Sonia Malhotra and Dr. Niti Upasani



Zone I



Zone II



Zone III



Zone IV



Zone V



Zone VI

Incoming Chairman's Institute - ICI

Held on Virtual Platform in April 2020



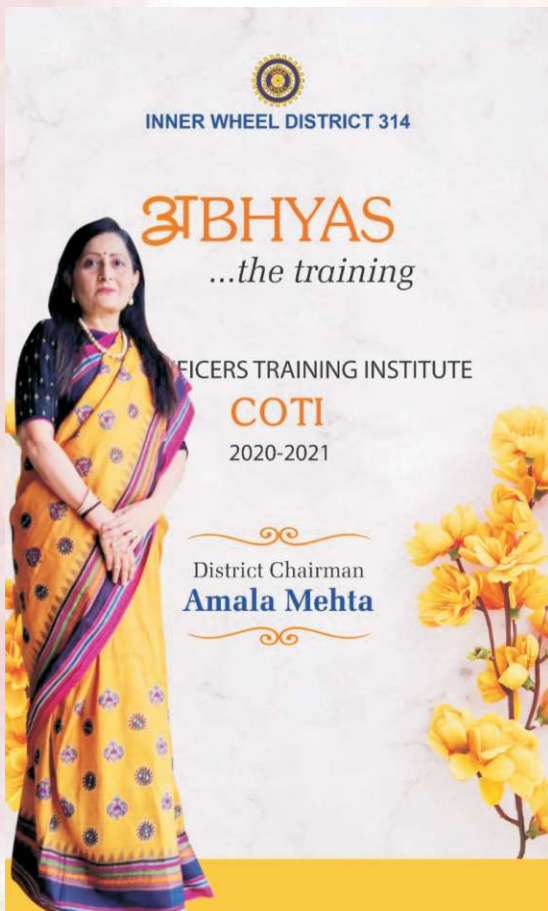
Association President Vasudhaa Chandrachud & Association Executive



DC Amala Mehta with AP Vasudhaa Chandrachud

Club Officer's Training Institute - COTI

Held on Virtual Platform in April 2020



District Chairman Amala Mehta



AP Vasudhaa Chandrachud with Chairman for Projects



District Executive Committee Members

Virtual Meetings

District Chairman Amala Mehta attended 40 Virtual Club Installations & 117 Webinars, Seminars & Club Fellowships



Founder District chairman

Silla Naval Ardeshir, Chairman 1970-71

It's with a heavy heart that we convey this very sad news that our beloved Silla Ardeshir, author of our Inner Wheel Prayer has left for her heavenly abode.

May she attain eternal peace.

DC Amala Mehta, District Executive and all members of District 314

Remembrance



Mrs. Sarayuben Shantilal Shah
Chairman 1976-77

It's with a heavy heart that we convey the sad news of the passing of our Past District Chairman. She will be fondly remembered and missed. May her soul attain eternal peace.

District Chairman, Amala Mehta
District Executive Committee Members, 314

District Assembly - आंकंक्षा, the Aspiration

Held on Virtual Platform on July 1, 2020



IPDC Dr. Devangi Vakharia &
DC Amala Mehta



DC Amala Mehta



DC Amala Mehta collared
by her mother Veenaben



DC Amala Mehta with District Executive Committee Members : Vice Chairman Sunita Jain, IPDC Dr. Devangi Vakharia, Dist. Secretary Mita Sheth, Dist. Treasurer Pallavi Choksey, ESO PDC Mrudula Dand, Dist. ISO Prerana Raichur, Dist. Editor Lakshmi Singh

Margarette Golding Awardees



PDC Sunita Madhukar Deodhar was awarded in recognition of her service in Running a school, training visually impaired students for skills development. Set up computer lab for rural women along with counseling workshops. Runs free medical diagnostics for less privileged.



Dr. Vinodini Sashikant Pradhan was awarded for 58 years of Voluntary service, Guiding Working Women's Hostel, Women Empowerment Programs, Rural development, Leprosy eradication, Tribal Ashramshala and Free Medical Camps.

District Co-ordinated Projects

Urban Medical Project COVID-19

July 1, 2020



Donation of 7 Hemodynamic Machines to TATA Memorial Hospital, Parel



SMART OPD for contactless screening at GT Hospital, Cama Hospital and St. George Hospital



Donation of Medical Supplies at various hospitals



Nair Hospital



Thane Municipal Corporation



Sion Hospital



Rukminibai Hospital, Kalyan.



ESIS Govt Maternity Hospital, Ulhasnagar



Indira Gandhi Memorial Hospital, Bhiwandi



Dental College, Jambhul, Ambarnath



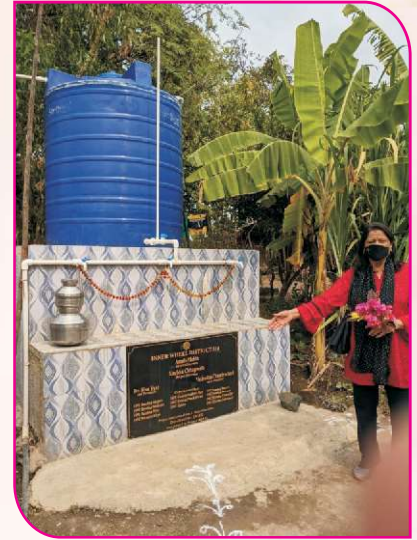
Shastrinagar Hospital, Dombivli.



M.A.R.D.

District Co-ordinated Projects

Rooftop Rain Water Harvesting



Roof Top Rain Water Harvesting System was installed in 111 houses in 3 tribal villages of Darshet, Dongarpada & Kiraipada in Palghar Taluka with SHED benefitting 3000 villagers.

Well Cleaning & Rejuvenation



At Khadkoli Village, District Palghar reaching 500 happy households.

Alternate Source of Energy



400 Solar Kits distributed to Ashramshala children at Wakdi co-ordinated by Balwantrai Mehta Center, Shantivan.



Donation of 40 Solar Street Lamps at Yusuf Meherally Vocational Center, Tara, District Palghar.

District Co-ordinated Projects

Projects in collaboration with Rotary District 3141

Annapoorna



65,000 Meals were sponsored by Inner Wheel Members

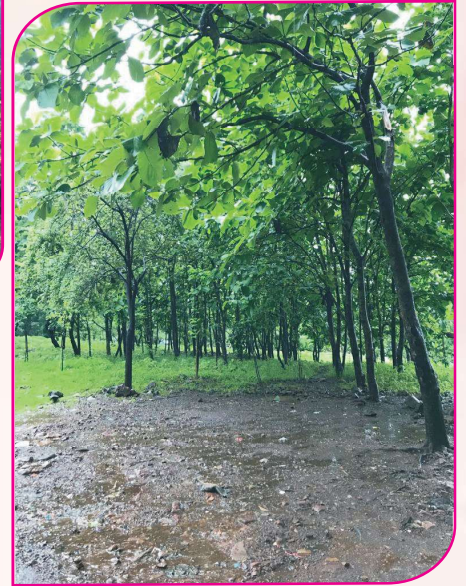
E-Waste Management



25,500 Kgs. of E-Waste collected so far in the year 2020-21

Inner Wheel Forest

The Jewel in the crown of District 314.



Inner Wheel Forest at Minavati

We have planted 1885 Trees and plants so far in the year 2020-2021.

Mega Tree Plantation of 1400 trees at Vadvali Village by IWC Bhiwandi



DC Amala Mehta at the inauguration with IWC Bhiwandi members

Miyawaki Urban Forest at Nutan Vidya Mandir by IWC Deonar



DC Amala Mehta & DG Sunnil Mehra at the inauguration with Rotary & IWC Deonar Members

Help to Children & Senior Citizens

Educational Help to Orphans & Underprivileged Children



Help to Orphans and Underprivileged students in the form of Cellphones, Tablet, Fees and Stationery

Help to Children & Senior Citizens



Our clubs reached out to Seniors by providing Tiffin Services, Groceries, Medicines and conducting various fun activities.

Sparsh - Safe & Unsafe Touch



ARPAN HELPLINE : 98190 86444
(FOR COUNSELLING)

CHILDLINE HELPLINE : 1098
(FOR ANY TYPE OF CHILD ABUSE)



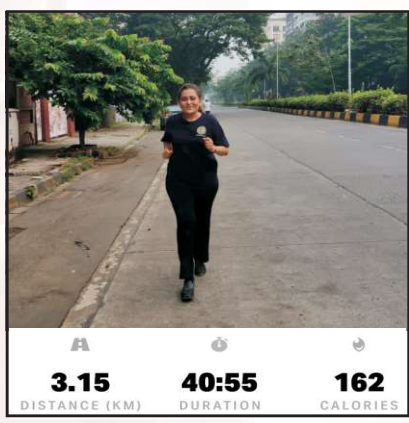
Inner Wheel Volunteers conducted 52 sessions on safe & Unsafe touch in 34 schools covering 12349 students and adults

Surakshit Bachpan



Teaching life skills to children. As of date 63 volunteers have conducted 312 sessions covering 2587 students in the age group 10 yrs - 15yrs

CoPro Virtual Marathon



A
3.15 **40:55** **162**
 DISTANCE (KM) DURATION CALORIES

CoPro **Become A Covid Warrior**
 Covid Protection Kit
VIRTUAL MARATHON

Sunday, 6th September, 2020
 Time: 8 am to 6 pm
 Venue: At your comfort & safety
 Register at <https://coopro.run>

Organized By
 Inner Wheel District 314,
 District Chairman: Amala Mehta

Hosted By
 Inner Wheel Club of Borivli,
 President: Bela Desai

Cause
Covid Prevention Kits
 For Front line workers & slum dwellers

Registration
 Participants can choose any distance
 2 Km, 3 Km, 5 Km, 10 Km, 21 Km, 42 Km
 ↳ Fees per Participant will be Rs. 250
 ↳ Every Participant will get Digital Certificate



CoPro Virtual Marathon was organised on Sept 6, 2020. 330 members participated. Project was coordinated by IWC Borivli.

Distribution of Covid Protection Kits



Covid Protection Kit comprising of Medicines, Masks, Thermometers & Sanitizers were distributed

Inner Wheel Branding



Posters to create awareness about safe unlocking were distributed



Seminars

District Webinar on Low Back Pain

July 15, 2020

An extremely informative Webinar held on July 15, 2020 where eminent spine surgeon Dr. Shekhar Bhojraj & rehabilitation specialist Dr. Gaurish Kenkre explained the implication & remedies of Low Back Pain. Attended by over 800 members.



Dr. Shekhar Bhojraj & Dr. Gaurish Kenkre
Guest Speakers



PDC Dr. Shobha Ahuja
Project Chairman



DC Amala Mehta

Constitution & Credential Seminar

July 29, 2020



CCC Chairman PDC Dr. Revati Jathar



PDC Sohini Doshi



PDC Dr. Jyoti Soneji



PDC Himadri Navavati



PIIWP Dr. Pallavi Shah



DC Amala Mehta



PAP Pushpa Suryamurty

The CCC Seminar was attended by 350 members including club voting delegates, members and District Dignitaries.

Seminars

Jalsancheti Water Conservation Seminar

October 14, 2020



IIW President Dr. Bina Vyas
Chief Guest



Amla Ruia
Guest Speaker



AP Vasudhaa Chandrachud
Guest of Honor



DC Amala Mehta



PDC Shubhlaxmi Chhapwale
Project Chairman

Amla Ruia, Water Mother of India, the guest speaker, spoke about Check Dams & the changes it brought in the lives of 1000 villagers. Seminar was attended by 330 members.

Environment Seminar Bottles for Change

August 14, 2020



Ms. Shreya Sudhir
Guest Speaker



AP Vasudhaa Chandrachud
Chief Guest



DC Amala Mehta

Ms. Shreya Sudhir,
Guest Speaker
spoke on Bisleri Plastic
Waste Management
& Recycling.
357 members
attended



PDC Amita Timbadia
Project Chairman

E Ballot Procedure

August 6, 2020



E Voting procedure was explain to club presidents and voting delegates by Association President Vasudhaa Chandrachud and hosting agency personnel. District 314 achieved 100% voting.

New Gen Clubs

Welcoming the 3 New Gen Clubs to the Inner Wheel Family



IWC Mumbai Millenials New Gen
sponsored by IWC Bombay Film City
with 18 members



**IWC Bombay Airport Super Nova
New Gen** sponsored by IWC Bombay
Airport with 32 members



**IWC Bombay North West Rainbow
New Gen** sponsored by IWC Bombay
North West with 25 members

Club OCV

District Chairman Amala Mehta at various clubs OCVs'



IWC Andheri East



IWC Bayview



IWC Bombay Airport



IWC Deonar



IWC Bombay North Island



IWC Kalina



IWC Mumbai Khar



IWC Bombay Queen's Necklace



IWC Thane Hills

Clubs in Action



IWC AIROLI

Provided Educational Support to Students



IWC AIROLI SEA BREEZE

Distributed Sanitizer and Masks



IWC AMBARNATH

Distributed groceries to 300 families of Katkari tribe, Murbad



IWC AMBARNATH HILLS

Planted and took care of 200 trees



IWC BHIWANDI

Donated 50 bedsheets for Covid Hospital, Bhinar



IWC BOMBAY

Donated Rations & Medicines to Kalina Slums



IWC BOMBAY AIRPORT

Donated stationery, headphones and fees to Anand Marg Children's home



IWC BOMBAY ANDHERI EAST

Donated Smart Television to Orphanage children of Snehasadan



IWC BOMBAY BANDRA

Celebrated Sr. Citizen Day with the seniors of Dr. Sarla Azad Home



IWC BOMBAY BAYVIEW

Conducted an elocution and recitation competition on the topic of Water Conservation



IWC BOMBAY CENTRAL

Donated 10 Lenovo tablets to Adivasi children in a school in Khandala



IWC BOMBAY DOWN TOWN

Bombay Downtown installed borewell for drinking water at a tribal school of Dolkhamb, Tal. Shahapur

Clubs in Action



IWC BOMBAY FILM CITY

Gifted joy and smiles to children of Shiv Nagar slums



IWC BOMBAY HANGING GARDEN

Distributed 21 pairs of MCR footwear to poor patients with foot deformities



IWC BOMBAY HARBOUR

Donated Grocery at JJ Dharamshala at Nagpada



IWC BOMBAY KANDIVLI

Collected, repaired and donated Bicycles to children of IW Forest



IWC BOMBAY MID-TOWN

Donated 145 book packs to the slum children of Dharavi



IWC BOMBAY MIDWEST

Donated Dryfruits, Fruits and Rawa to the 60 senior Citizens of Jeevan Asha Home



IWC BOMBAY NORTH

Donated a community fridge



IWC BOMBAY NORTH END

Donated Samsung tablets to needy students



IWC BOMBAY NORTH ISLAND

Donated 700 Mtrs of fabric to Vocational Training Centre at Ashramshala, Wakdi Village



IWC BOMBAY NORTH WEST

Donated Woollen blankets and Groceries and Medicines to 27 HIV positive girls



IWC BOMBAY PIER

Organized lunch at St Anthony home for the aged.



IWC BOMBAY QUEEN'S NECKLACE

Donated 200 Ration Kits during Shradh to Senior Citizens of Kalina, Jogeshwari & Andheri

Clubs in Action



IWC BOMBAY SEACOAST

LITE A HOME Project provided electrification to 130 homes.



IWC BOMBAY SHIVAJI PARK

Distributed 45 nighties to needy senior citizens



IWC BOMBAY WEST

Donated Sanitary Napkins, every month to 400 underprivileged girls.



IWC BORIVLI

Distributed grocery kits to Dabbawalas



IWC CHEMBUR

Distributed Food grains, Adult Diapers and Vessels to Girija Old Age Home



IWC DAHANU

Took up Tree Plantation



IWC DEONAR

Felicitated Housekeeping, Security and Gardening staff of Raheja Acropolis on Rakshabandhan



IWC DOMBIVLI

Organized elocution competition for 9th and 10th std students Guru Shishya Bonding



IWC DOMBIVLI EAST

Distributed raincoats, Multivitamin tablets to 25 traffic police and tied rakhis.



IWC DOMBIVLI WEST

Distributed immunity booster tablets to Postal staff at Thane Head Post Office.



IWC HIRANANDANI ESTATE

Donated two BiPAP ventilators to Thane Municipal Corporation



IWC KALINA

Sponsored 30 students for Online education.

Clubs in Action



IWC KALYAN

Sponsored an underprivileged child's college and coaching fees.



IWC KALYAN RIVERSIDE

Distributed provisions at Mitra Old age Home



IWC MULUND

Distrbuted provisions to HIV patients.



IWC MULUND HILLS

Donated Masks to Rickshaw drivers



IWC MUMBAI BHANDUP

Distributed groceries to NAB seniors in Lonavala



IWC MUMBAI DAHISAR

Conducted online workshop on Best out of Waste



IWC MUMBAI GHATKOPAR

Adopted 10 girls of SPRJ Kanyashala for the year 2020-21



IWC MUMBAI GREENCITY

Sponsored Educational expenses for 16 blind students.



IWC MUMBAI KHAR

Distributed panties to 130 girls under The Girl Child Project for hygiene



IWC MUMBAI NARIMAN POINT

Distributed 80 packets adult diapers at Parukh Dharamshala in khareghat colony.



IWC MUMBAI PARLESHWAR

Donated Physiotherapy equipments to Manovikas Charitable Trust



IWC NAVI MUMBAI BAYSIDE

Celebrated the 72nd Republic Day by felicitating 11 War Veterans

Clubs in Action



IWC NAVI MUMBAI SUNRISE

Donated Groceries to Girija old age home Kharghar



IWC NEW BOMBAY

Reached out to home helpers and rag pickers at Stree Mukti Sanghtana and felicitated their incharge



IWC NEW BOMBAY HILLSIDE

Celebrated Rakshabandhan with the Ashalaya orphans at Kharghar



IWC NEW BOMBAY SEASIDE

Distributed health drinks like Bournvita, Horlicks, Milk powder to cancer patients, mostly children.



IWC PALGHAR

Distributed Medical kit and awareness stickers to Rickshaws creating Inner Wheel Publicity



IWC THANE

Donated study materials to 10th standard students of Maan Ashram Shala, Vikramgad, Palghar



IWC THANE ACES

Paid the Tuition fees for this 10th standard girl child.



IWC THANE GARDEN CITY

Donated to groceries to Nandadeep Foundation.



IWC THANE HILLS

Donated a Projector to the orphanage Bal Snehalaya



IWC THANE LAKE CITY

Distributed grocery kits to 10 blind hawkers



IWC THANE MIDTOWN

Distributed provisions in the slums of Kalina



IWC THANE NORTH END

Distributed Tetra packs of fruit juice in Orphanage

Clubs in Action



IWC THANE WEST

Donated Stationery to an Orphanage



IWC ULHASNAGAR

Distributed Mask and Sanitizers



IWC ULHASNAGAR EAST

Donated gifts and masks to Senior Citizens

ISO

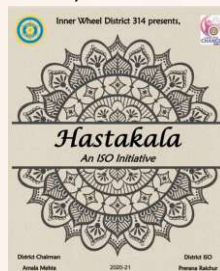
Hastakala Workshop were conducted by various clubs



Dist ISO Prerana Raichur exchanging Flag with Smita Biyani, Dist ISO 304.



Origami Art
IWC Bombay Kandivali



Mandala Art
IWC Bombay Harbour



Resin Art by
IWC Palghar



Water Colour Painting
IWC Bombay
North Island



Fabric Painting
IWC Kalyan



Art of Makeup
IWC Mumbai Khar

District Executive Committee in Action

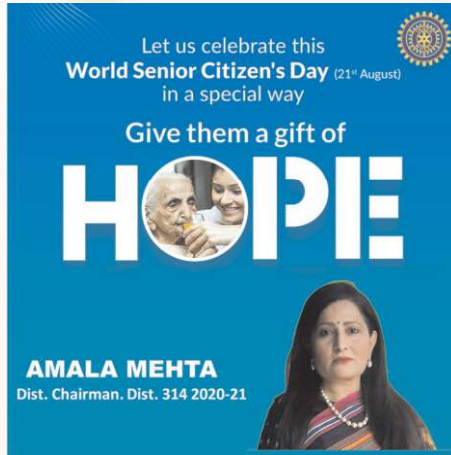
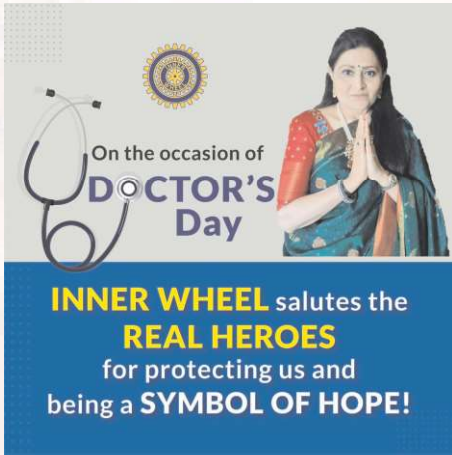


District Secretary Mita Sheth collaring DC Amala Mehta



District Executive Committee Members

Inner Wheel in the News



Social Media was abuzz with Inner Wheel News

Official Visit of Association President



Association President Vasudhaa Chandrachud with DC Amala Mehta & District Executive Committee Members



Association President Vasudhaa Chandrachud seen here with Past District Chairmans of District 314.

Angels of HOPE

